

## Sunny Smiles: A Dental Craft for Kids!

### Supplies Needed:

- Scissors
- Gallon sized sealable plastic bag
- Black washable marker
- Cardstock - any color, but our favorite is blue!
- Gluestick
- Toothbrush
- Masking Tape

February calls for a focus on children's dental health! While it's important all year, the [American Dental Association sponsors Children's Dental Health Month](#) annually to help spread the importance of starting your kids off on a lifetime of healthy habits. Try this engaging craft with your child:

- 1.** Print and cut out the provided shapes to build Sunny.
- 2.** Use a gluestick to affix the shapes onto cardstock.
- 3.** Complete Sunny's face, securing it with rolled masking tape on the back for stability during brushing.
- 4.** Insert into sealable plastic and seal. Use a black dry-erase marker on the sealable plastic bag to depict buildup and plaque between Sunny's teeth.
- 5.** Now, Sunny is ready for a dental cleaning! Let your child brush away the marker using a toothbrush, creating a fun way to teach proper brushing techniques.



