

PRENATAL CARE PROGRAM

IMPORTANCE OF ORAL CARE DURING PREGNANCY



Periodontal disease during pregnancy could lead to an **increased risk** of pre-term and very pre-term delivery.*



A UNC study indicates that pregnant women with gum disease may be **twice as likely** to be at risk for pre-term.**



Children of mothers who have high levels of untreated cavities or tooth loss are **more than 3 times** more likely to have cavities as a child.**

As a pregnant Solstice member with a dental plan (**second or third trimester**), you are eligible to take advantage of the **Solstice oral health benefits** that are particularly essential to maintaining good periodontal health, at no cost to you.



KEY COST SAVINGS

- No out-of-pocket costs for network services.
- No waiting periods apply if services are required by an in-network dentist
- No referral needed
- Fees and expenses will be **waived** for:
 - Cleanings
 - Deep scaling
 - Debridement
 - Periodontal maintenance



HOW DOES IT WORK?

- At your next visit, tell your dentist that you are pregnant.
- Provide the stage of your pregnancy and due date.
- Make sure the dentist takes note of your physician's or obstetrician's name.

*Baby Steps to a Healthy Pregnancy and On-time Delivery, American Academy of Periodontology, 2005.

**National Center for Health Statistics, final natality data. Retrieved from www.marchofdimes.org/peristats

***American Dental Association, Today's News, (www.ada.org), March 28, 2002, "Study bolsters connection between periodontal disease, premature birth."